



THE ROLE OF EVIDENCE-BASED PRACTICES IN CCBHC

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Nurture development. Foster resilience. Cultivate well-being.

EVIDENCE-BASED PRACTICE DATA MONITORING

- Center for Excellence Research & Evaluation Team:
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 - Greg Sampson, MS, JD, Research Associate II
 - Celia Bourgeau, MA, TLLP, Research Associate I
- Quality & Compliance Team:
 - Donna Smith, MA, LLP, Director
 - Jessica Collins, MA, LPC, Manager
 - Tiffany Hillen, LMSW, Supervisor
- Electronic Health Record Services Team:
 - Tammy Lewis, MBA, Director
 - Chris Key, Database Developer
 - Ryan Ahlborn, Database Developer

EVIDENCE-BASED PRACTICE AND STAFF RETENTION

- Turnover is lower than among traditional outpatient staff
- Improved employee engagement among those trained in EBPs
 - Allows specialization
 - Advanced training
 - Increased supervision and support
 - Generally lower caseloads
- Staff are better prepared to meet the needs of the communities we serve
- Enhanced integration of Peer Support staff into treatment team
- Participation in fidelity reviews reinforces the importance of thorough documentation

EBP	SED	SMI	COD	SUD	Purpose/Outcome
Assertive Comm. Treatment (ACT)		X	X		Help adult consumers recover through community-based treatment and rehabilitation
Child Parent Psychotherapy	X				Reduce behavior problems, strengthen parent-child attachment and improve mental health functioning for young children ages 0-7 who have experienced trauma
Cognitive Behavioral Therapy (CBT)	X	X	X	X	CBT focuses on changing thinking and behavioral patterns. It is a collaborative model with an emphasis on current issues and empowering individuals to lead their own recovery.
Consumers Helping Others Improve their Condition (CHOICES)		X	X	X	Educate adult consumers about the risks and consequences of smoking and tobacco use and help them make healthy lifestyle changes
Dialectical Behavior Therapy (DBT)		X	X		Help adult consumers improve their ability to regulate emotions, decreasing self-harm and other risky behaviors
Eye Movement Desensitization & Reprocessing (EMDR)	X				Help children with trauma heal from the emotional distress.
Illness Management and Recovery		X	X		Help adult consumers manage their illnesses and pursue personal recovery goals
Infant Mental Health-Michigan Model	X				Support the growth of healthy attachment relationships in pregnancy through early childhood (0-6)

EBP	SED	SMI	COD	SUD	Purpose/Outcome
Integrated Dual Disorder Treatment (IDDT)	X	X	X	X	IDDT improves quality of life for people with co-occurring severe mental health and substance use disorders by combining substance use and mental health services on the same treatment team helping people address both disorders at the same time.
Medication Assisted Treatment (MAT)			X	X	Assist consumers with sobriety who have alcohol, opioid and nicotine dependence
Multi-Systemic Therapy (MST)	X				Help juvenile offenders with SED ages 12-17 avoid detention through family and community-based treatment
Motivational Interviewing (MI)	X	X	X	X	Help clients explore and resolve ambivalence about their steps in recovery and promote behavioral change
Parenting Through Change (PTC)	X				Help parents change parenting behaviors, teaching parents positive reinforcement methods for improving pre-school and school-age children's behavior problems
Prolonged Exposure Therapy (PET) *		X	X		Treat PTSD utilizing a form of cognitive behavioral therapy that uses imaginal and in-vivo exposures * This EBP is used within the DBT program
Screening, Brief Intervention, and Referral to Treatment (SBIRT)		X	X	X	From SAMHSA: "Screening quickly assesses the severity of substance use and identifies the appropriate level of treatment. Brief intervention focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change. Referral to treatment provides those identified as needing more extensive treatment with access to specialty care."

EBP	SED	SMI	COD	SUD	Purpose/Outcome
Transition to Independence Process (TIP)	X				Youth and young adults (14-21) are guided in setting and achieving their own short- and long-term goals across relevant Transition Domains, such as: employment/career, educational opportunities, living situation, personal effectiveness/wellbeing, and community-life functioning.
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	X				Allow children ages 4-17 to process traumatic events in order to increase their functioning and decrease symptoms
Trauma Recovery Empowerment Model (TREM)		X	X	X	Group intervention for women who have survived trauma and have substance use and/or mental health conditions
Treatment Foster Care Oregon	X				An alternative to institutional, residential, and group care placements for children and youth with severe emotional and behavioral health disorders
Wellness Recovery Action Plan (WRAP)		X	X		Help adult consumers develop a self-directed plan to meet personal goals to obtain and maintain wellness
Whole Health Action Mgt. (WHAM)		X	X	X	Help adult consumers engage in self-management and pursue goals to achieve better whole health and wellness
Wraparound	X				Help children ages 7-17 and their families using a team approach with natural and professional supports focusing on strengths and needs
Zero Suicide	X	X	X	X	From the Zero Suicide website: "The seven elements of Zero Suicide represent what experts in the field of suicide prevention have identified as the core components of safe care for individuals with suicidal thoughts and urges. They represent a holistic approach to suicide prevention within health and behavioral health care systems."



At-Risk Suicide Monitoring



THE GUIDANCE CENTER

At-Risk Suicide Monitoring

[Last Refresh: 5/30/2023 7:08:23 AM]

High Risk

Needs Follow Up 28

Total 104

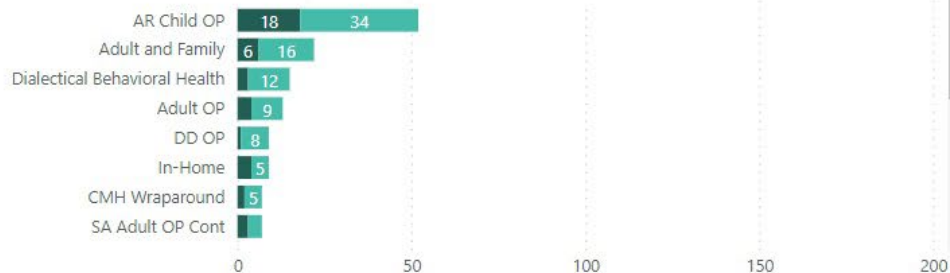
Medium Risk

Needs Follow Up 51

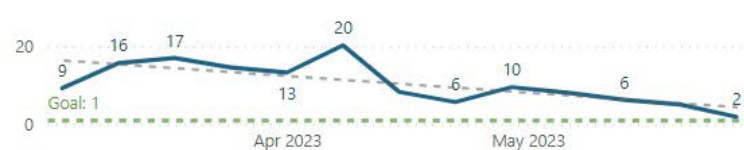
Total 201

At-Risk by Program

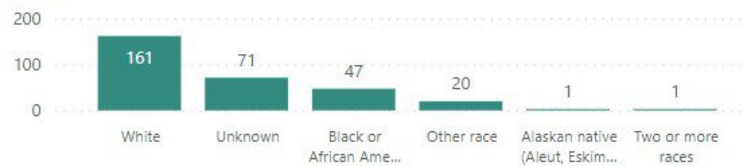
● High ● Medium



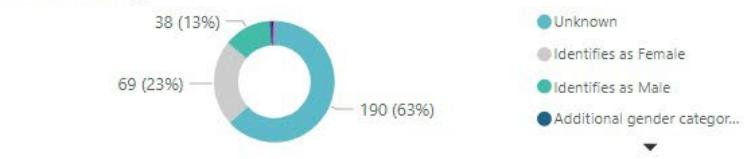
Avg Days to Follow Up



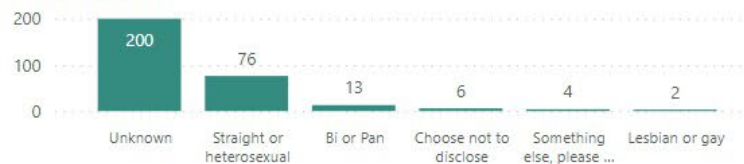
Race



Gender Identity



Sexual Orientation



Supervisor / Provider / Program	High Risk Total	High Risk Needs Follow Up	Medium Risk Total	Medium Risk Needs Follow Up	Avg Days to Follow Up
Andrews, Karen	16	2	22	6	14
Brooks, Tamyra	12	7	12	4	13
Burton Jr, Michael	2	0	5	0	7
Carleton, Kevin	2	0	0	0	8
Carlisle, Porsche	0	0	2	0	5
Davey, Danielle	0	0	2	1	9
Forsythe, Renee	0	0	5	2	15
Genden, Steve	0	0	2	0	10
Hillen, Tiffany	1	0	0	0	15
Total	106	30	195	48	13

Filters

- Search
- Filters on this page
- Program is (All)
- Supervisor is (All)
- Provider is (All)
- Race is (All)
- Gender Identity is (All)
- Sexual Orientation is (All)
- Client ID is (All)
- Client Name is (All)
- Physician is (All)



At-Risk Suicide Monitoring

At-Risk Suicide Monitoring

Summary

Client Detail

Go back



At-Risk Suicide Monitoring

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High Risk

Needs Follow Up 3

Total 9

Medium Risk

Needs Follow Up 4

Total 10

At-Risk by Program

● High ● Medium

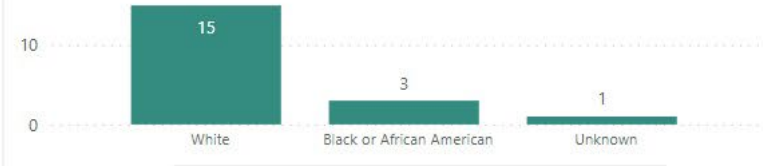


Supervisor / Provider / Program	High Risk Total	High Risk Needs Follow Up	Medium Risk Total	Medium Risk Needs Follow Up	Avg Days to Follow Up
Andrews, Karen	3		1		14
Brooks, Tamyra			1	1	7
Carleton, Kevin	1				3
Lauder, Madison	1				5
Melson, Melissa	2	1	1		
No Assigned Supervisor			1	1	
Sepe, Maria			3		15
Small, Mark					11
Young, Sarah	2	2	3	2	14
Total	9	3	10	4	11

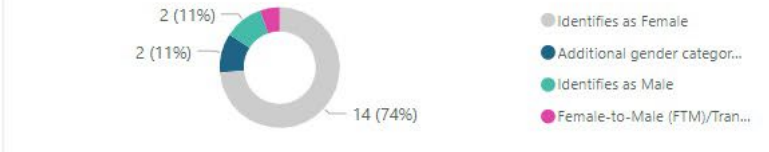
Avg Days to Follow Up



Race



Gender Identity



Sexual Orientation



Filters

Search

Basic filtering

Select all

- Additional gender ca... 6
- Female-to-Male (FT... 1
- Genderfluid 1
- Identifies as Female 59
- Identifies as Male 17
- Male to Female (MT... 2

Sexual Orientation

is Bi or Pan, Lesbian or gay, or ...

Filter type

Basic filtering

Search

- Bi or Pan 49
- Choose not to dis... 121
- Don't know 137
- Lesbian or gay 30
- Something else, plea... 9
- Straight or hetero... 968
- Unknown 2604

Client ID




Q & A

THANK YOU

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